**Malvern Summer Food List**

**Breakfast Items:**

Boxed Cereal

Oatmeal

Pancake Mix

Pancake Syrup

**Snack Items:**

Saltine Crackers

Fruit Snacks

Microwave Popcorn

Pretzels

Raisins

Granola Bars

Pudding cups

**Canned Goods:**

Beans –ex. black, pinto, pink

Fruit – ex. Peaches, pears, etc.

Soup

Tuna

Chicken

Milk

Green beans

Corn

Peas

Tomatoes

Spaghetti sauce

**Other**

1 lb bag white rice

Spaghetti

Mac and cheese – boxed and microwave cups

Macaroni

Egg noodles

Ramen soup

Cooking oil

**Beverages**

Juice boxes

Bottles of Apple Juice

Orange Juice

Countrytime Lemonade (any flavor)